

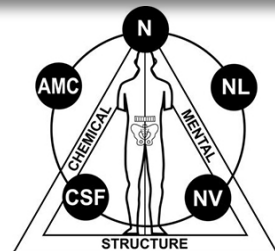
ADVANCED APPLIED KINESIOLOGY COURSE

DR. GANGEMI'S SYSTEMS HEALTH CARE

Presented by Dr. Stephen Gangemi, DC, DIBAK, DCBCN

September 16th-17th 2023 - Milan

Applied Kinesiology (AK) is a useful method to identify and measure the right correction of structural, chemical and emotional imbalances in human health.



Dr. Gangemi is a chiropractic physician and clinical nutritionist with a passion for natural health care specifically in the fields of nutrition and manual therapies. He has over 25 years of clinical experience as a practitioner of complementary sports medicine and holistic therapies for patients dealing with hormonal imbalances, digestive disturbances, immune dysfunction, and musculoskeletal problems.

Dr. Gangemi teaches his natural health care protocol and techniques, Systems Health Care. SHC is a dynamic evaluation and treatment method which identifies primary problems by identifying and treating patterns in a systematic, individualized progression employing various applied kinesiology principles and methods combined with a multitude of Dr. Gangemi's unique and highly effective protocols.

Dr. Gangemi finished 16 Ironman triathlon races including 6 Hawaii Ironman World Championships as well as ultra-distance trail and SwimRun races. He owns the popular website sock-doc.com which focuses on a natural approach to injury treatment and prevention for athletes. His other website, drgangemi.com has dozens of articles on how to live a healthier and more active life as well as natural treatment methods for a variety of ailments.

PROGRAM:

- **DIAPHRAGMATIC EVALUATION, CORRECTION AND REHABILITATION:**

LEARN NEW WAYS TO EVALUATE AND TREAT THE DIAPHRAGM & BREATHING, AND THE INTEGRATION OF THESE PROCESSES AFFECTING MANY METABOLIC AND PHYSICAL HEALTH ISSUES.

- **CONNECTIVE TISSUE CHALLENGES, PROCEDURES, & CORRECTIONS PLUS GAIT CHALLENGES AND PELVIC INSTABILITY ISSUES:**

LEARN MANY NEW WAYS TO EVALUATE AND CORRECT ACUTE AND CHRONIC PAIN AND INSTABILITY ISSUES AFFECTING MOVEMENT.

- **SLEEP & GUT:**

DEEPEN YOUR UNDERSTANDING TO EVALUATE AND CORRECT SLEEP ISSUES AS WELL AS THOSE HARD TO FIX GUT/DIGESTIVE ISSUES.

IT IS RECOMMENDED TO HAVE FOLLOWED A BASIC SEMINAR BEFORE ATTENDING THIS ADVANCED SEMINAR. THE CONTENT OF THE COURSE MAY VARY AT THE DISCRETION OF THE SPEAKER TAKING INTO ACCOUNT THE PROGRESS OF THE CLASS GROUP.

****ADDITIONAL TECHNIQUES, TOPICS, AND CLINICAL PEARLS TO BE DISCUSSED AS TIME ALLOWS! ****

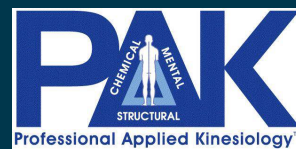
THIS SEMINAR WILL BE OFFERED ONLY IN ENGLISH, WITHOUT ITALIAN TRANSLATION



BRING YOUR PORTABLE TABLES - NO REGISTRATION ON THE SPOT

SEMINAR HOURS

Saturday: Registration 8:30 am - 9:00 am
Lecture 9:00 am - 1:00 pm / 2:00 pm - 6:00 pm
Sunday: Lecture 9:00 am - 2:00 pm



SEMINAR COST

- **500€** for ICAK members before August 18th, 2023
- **600€** for ICAK members after August 18th, 2023
- **600€** for non-ICAK members before August 18th, 2023
- **700€** for non-ICAK members after August 18th, 2023
- **300€** special price for students

NB: - In case you are unable to attend the seminar you will receive the video as there is no refund of the lost course.

SEMINAR LOCATION:

STARHOTELS BUSINESS PALACE

VIA PRIVATA PIETRO GAGGIA, 3
20139 MILANO

TEL: +39 02 535451

FAX: +39 02 57307550

WWW.STARHOTELS.COM

BUSINESS.MI@STARHOTELS.IT

To register click this link:

<https://icak.it/event/gangemi-2023/gangemi-2023-milan-registration.doc>

Fill in the registration module and send it to: icak.italy@gmail.com together with a scan of your diploma and a confirmation of the payment. If you have any questions call **+39/327/4729878**. For more information about Applied Kinesiology visit: www.icak.it and our facebook page: <http://www.facebook.com/icakITA/>