



# EMANUELE ALEO

Dr. Osteopathy

D. Massophysiotherapy

Dr. Sport science

Dr. Preventive and adaptive sport  
science

## ABOUT ME

I started my professional life at the age of 13 working as a waiter, delivering flyers and being a bricklayer. From the age of 17, my love for medical practice began. I always wanted to help others solve their health problems. I have always wanted to help patients solve their diseases with the use of my hands without resorting to drugs or machines. That's my passion towards osteopathy and chiropractic, the study of anatomy and physiology. Through manipulations, you can help patients live better and resolve their symptoms. I have always loved studying and perfecting myself, always trying to improve and compare myself with so many people from every nation. I hope to grow more and more in my work and study to achieve the best while trying to become a prominent figure in the osteopathic and medical world.

## WORK EXPERIENCE

2007-2018 Posturologist and physiotherapist at  
Olympia gym Todi (PG) Italy

2009 Posturologist at Volleyball Todi(PG) Italy

2014-2018 Physiotherapist at AMC 98 football club

2015 Physiotherapist at Todi football club

2015 Physiotherapist at Relais Todini resort Todi (PG) Italy

2017 Physiotherapist at Futsal todi calcio a 5

2017-2022 Osteopath and owner of Osteopathy studio  
via fratelli rosati number 17 Todi (PG) Italy

## PERSONAL INFO

Date of birth:

5may 1988

Nationality:

Italian

## ADDRESS

Voc. mossa alta 190/0 Todi(PG) Italy

## PHONE

+393495436917

## E-MAIL

manulele88@icloud.com

## LANGUAGE

Italian: mother tongue

English: Fluent



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## EDUCATION

2022 Icom medicine osteopathy and physiotherapy  
Milan. Diploma in Osteopathy.

2021 Kingston University UK. Bsc Hons Ost in  
Osteopathy.

2015 University of Perugia. Msc in preventive and  
adapted sciences and techniques.

2013 Enrico Fermi Institute of Perugia. Diploma in  
Massophysiotherapy.

2011 University of Perugia. Bachelor's degree in  
exercise and sports science.

## CERTIFICATION

2021 Ga level 1 Certificate in Esol Internationale  
(Classic B2) (CEFR:B2)

2013 Basic life support defibrillation

## SKILLS

Ability to help patients in their pain

Ability to handle stress

Resilience skills

Work ethic and perseverance

Use of osteopathic and physical therapy techniques

Use of osteopathic techniques such as HVLA,  
fascial techniques, BLT, soft tissue, general osteopathic  
treatment, counter-resistance techniques,  
post-surgical rehabilitation, postural rehabilitation